

# SIZING GUIDE – WOMEN'S

## SIZING Measurements refer to body size, not garment dimensions.

In instances when your body measurements are midway between two sizes, go to the smaller size for a tighter fit or the larger size for a looser fit.

### UPPER BODY MEASUREMENTS

WOMAN (INCHES)	WXS	WS	WM	WL	WXL
BUST	32¼	34½	37	39½	42
HEIGHT	5' 5¾	5' 6	5' 6½	5' 7	5' 7½

WOMAN (CM)	WXS	WS	WM	WL	WXL
BUST	82.0	88.0	94.0	100.0	107.0
HEIGHT	167.0	168.0	169.0	170.0	171.0

HOW TO MEASURE:

BUST	Place tape measure across your back, underneath your arms and then across the widest point on the bust. Don't 'squash' yourself.
HEIGHT	This is your true height, without the assistance of shoes.

In instances when your body measurements for bust and height are in two different suggested sizes, we recommend going with the size from your bust measurement.

### LOWER BODY MEASUREMENTS

WOMAN (INCHES)	WXS	WS	WM	WL	WXL
WAIST	25¼	27½	30	32¼	35
HIP	35½	37¾	40	42	44½

WOMAN (CM)	WXS	WS	WM	WL	WXL
WAIST	64.0	70.0	76.0	82.0	89.0
HIP	90.0	96.0	102.0	107.0	113.0

WOMAN (INCHES)	WXS	WS	WM	WL	WXL			
WOVEN BOTTOMS SIZES	26	27	28	29	30	31	32	33

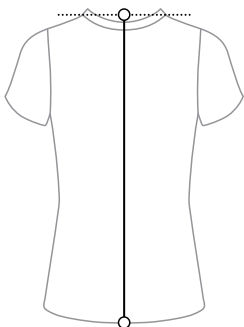
HOW TO MEASURE:

WAIST	Measure the smallest part of the torso.
HIP	Place the measuring tape around the body at the fullest part of the hip, feet together.

In instances when your body measurements for waist and hip are in different suggested sizes, we recommend going with the size from your hip measurement.

### CENTER BACK LENGTH

CBL is measured from the high point of the shoulder



### FIT ON BODY



# SIZING GUIDE – MEN'S

**SIZING** Measurements refer to body size, not garment dimensions.

In instances when your body measurements are midway between two sizes, go to the smaller size for a tighter fit or the larger size for a looser fit.

## UPPER BODY MEASUREMENTS

MAN (INCHES)	S	M	L	XL	XXL
CHEST	35¾	38¾	42	45	48¾
HEIGHT	5' 10	5' 10¾	5' 11½	6' 0¼	6' 1

MAN (CM)	S	M	L	XL	XXL
CHEST	90.5	98.5	106.5	114.5	122.5
HEIGHT	177.5	179.5	181.5	183.5	185.5

HOW TO MEASURE:

CHEST	Place tape measure across your back, underneath your arms and then across the fullest part of the chest.
HEIGHT	This is your true height, without the assistance of shoes.

In instances when your body measurements for chest and height are in two different suggested sizes, we recommend going with the size from your chest measurement.

## LOWER BODY MEASUREMENTS

MAN (INCHES)	S	M	L	XL	XXL
WAIST	30½	33¼	36	38¾	41½
HIP	37	39½	42	44½	47

MAN (CM)	S	M	L	XL	XXL
WAIST	77.5	84.5	91.5	98.5	105.5
HIP	93.5	100.0	106.5	113.0	119.5

MAN (INCHES)	S		M		L	XL	
WOVEN BOTTOMS SIZES	28	30	32	34	36	38	40

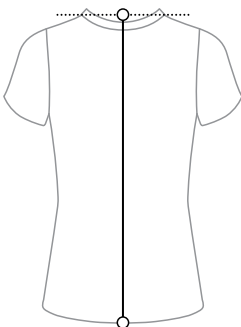
HOW TO MEASURE:

WAIST	Measure at your navel.
HIP	Place the measuring tape around the body at the fullest part of the hip, feet together.

In instances when your body measurements for waist and hip are in different suggested sizes, we recommend going with the size from your hip measurement.

## CENTER BACK LENGTH

CBL is measured from the high point of the shoulder



## FIT ON BODY



# SIZING GUIDE – KIDS

## SIZING Measurements refer to body size, not garment dimensions.

In instances when your body measurements are midway between two sizes, go to the smaller size for a tighter fit or the larger size for a looser fit.

### BODY MEASUREMENTS

KIDS (INCHES)									
SIZE (AGE)	2	3	4	5	6	8	10	12	14
HEIGHT	36 1/4	38 5/8	41	43 1/4	45 5/8	50 3/8	55 1/8	59 7/8	64 5/8
WEIGHT (LB)	29 - 33	33 - 37	37 - 42	42 - 46	46 - 53	53 - 64	64 - 82	82 - 101	101 - 121
CHEST	20 1/2	21 1/4	22	22 7/8	23 5/8	26	28 3/8	30 3/4	33 1/8
WAIST	20 1/8	20 1/2	20 7/8	21 1/4	21 5/8	23 1/4	24 3/4	26 3/8	28
HIP	21 1/4	22 1/4	23 1/4	24 1/4	25 1/4	27 1/2	29 7/8	32 1/4	34 5/8

KIDS (CM)									
SIZE (AGE)	2	3	4	5	6	8	10	12	14
HEIGHT	92	98	104	110	116	128	140	152	164
WEIGHT (KG)	13 - 15	15 - 17	17 - 19	19 - 21	21 - 24	24 - 29	29 - 37	37 - 46	46 - 55
CHEST	52	54	56	58	60	66	72	78	84
WAIST	51	52	53	54	55	59	63	67	71
HIP	54	56.5	59	61.5	64	70	76	82	88

#### HOW TO MEASURE:

CHEST	Place tape measure across your back, underneath your arms and then across the fullest part of the chest.
HEIGHT	This is your true height, without the assistance of shoes.

In instances when your body measurements for chest and height are in two different suggested sizes, we recommend going with the size from your chest measurement.

# SIZING GUIDE – SOCKS

## SOCKS & COMPRESSION SIZING

If you are between sizing, we recommend you size down.

WOMAN	WS	WM	WL	OS
USA	5.5-7	7.5-9	9.5-11	6-10.5
UK	3-4.5	5-6.5	7-8.5	3.5-8
EURO	35-37	38-40	41-43	36-42
CALF MEASUREMENT	30-33cm 11¾-13"	33-36cm 13-14¼"	36-39cm 14¼-15½"	

MAN	S	M	L	XL	OS
USA	7-8.5	9-10.5	11-12.5	13-14.5	9-13
UK	6-7.5	8-9.5	10-11.5	12-13.5	8-12
EURO	39-41.5	42-44	44.5-46.5	47-49	42-47
CALF MEASUREMENT	33-36cm 13-14¼"	36-39cm 14¼-15½"	39-42cm 15½-16½"	42-45cm 16½-17¾"	

KIDS	S	M	L	XL	XXL
USA	8-9.5	10-11.5	12-1.5	2-4	4.5-6.5
UK	6.5-8	8.5-10.5	11-13.5	1-3	3-5
EURO	24-26	27-29	30-32	33-36	35.5-37.5

## SOCK HEIGHT GUIDE

